

INSULIN MANAGEMENT

Insulin is donated by Aventis, Eli Lilly and Novo Nordisk. Campers will be provided the brand and type used at home. PLEASE DO NOT BRING YOUR CHILD'S INSULIN TO CAMP; we will contact you if you need to do so.

Insulin at camp will be based on your child's home insulin regimen. Extra insulin may be needed if the camper is in danger of ketoacidosis. The medical team is staffed by physicians, nurses and dietitians with extensive experience in diabetes management. Please keep in mind that daily adjustments in insulin may be necessary to compensate for exercise, low blood sugar reactions, urine ketones, and/or illness. The medical staff will NOT contact the child's diabetes doctor for these changes. The medical staff is trained in diabetes care.

ADJUSTMENTS:

Typically, insulin doses need to be decreased at camp to adapt to higher activity and exercise levels. This decrease is often necessary to prevent severe low blood sugar reactions. Occasionally, insulin doses remain the same or are increased due to high blood sugars. "Perfect" blood sugar control is not the goal of diabetes care at camp. Adjustments will be made at the direction of the medical staff to provide safe care at camp and to prevent severe low or high blood sugars. Parents are encouraged to provide as much information as possible about their history with past insulin adjustments.

INSULIN PUMPS:

The medical staff is trained in caring for the camper with an insulin pump. In addition, there are medical staff on site with extensive experience in insulin pump management. Campers should bring 2 reservoirs and 3 infusion sets to camp (extra sets will be available). If they use an injector or Emla Cream this needs to be supplied from home.

SYRINGES:

Insulin syringes are also donated by the manufacturing companies. Every effort will be made to supply the camper with the type and size syringe he/she uses at home. Occasionally, the medical staff may encourage a camper to try a different size syringe to provide more accurate doses of insulin.

INJECTING DEVICES:

Campers who use injecting devices will need to bring them to camp. Clearly label the device with the camper's name. We are not responsible for lost or damaged devices. Campers using injection devices will be given an opportunity to try giving their insulin without the device.

RECORDS:

Records showing the child's insulin changes in response to blood sugar levels will be maintained and sent home with the camper for their parents' records.